

OBJECTIVE

Fencing Coach with a focus on high level squad competition and performance. Group classes and individual lessons, physical preparation and conditioning, tactics and strategy special emphasis on épée fencing technique and tactics.

EXPERIENCE

Alliance Fencing Academy, Houston, TX

June - September 2010

Fencing Épée Coach in an exchange program Italy-USA

- Classes, Summer Camps, individual lessons to children, youths, adult, and elite fencers
- Strip Coach at Atlanta Summer National Championships: Y-10 to Y-14, cadet, junior and seniors
- Research in loco of American elite fencing programs compared with those in Italy
- Seminars and discussions with students and coaches about the "Italian method" to fence épée

Circolo della Spada (CDS) Maestro Marcello Lodetti, Milan, ITALY

2002 - Present

Certified Italian National Fencing Federation (FIS) Maestro in three weapons by the Accademia Nazionale di Scherma (2009) and National Fencing Instructor of the Italian Paralympic Committee (CIP)

- Coach, all weapons (primarily épée and foil) from youths to juniors, seniors, and veterans
- Wheelchair and blind fencing coach, CIP certified, in charge of the wheelchair section of the club
- Under 14 leading coach: students place consistently in top 8 at the regional and in top 32 at the Italian Youths Grand Prix (GPG)
- Co-head coach, cadet, junior, and senior fencers
- Co-head coach, veteran fencers: 2013 Italian National Veteran Championships results:
 - man's épée veteran 60-70 silver
 - women's saber veteran 30-40 5°
- Coordinator of CSD M° Marcello Lodetti *Projects Initiative* which include:
 - *Fair Play and Developmental Age Award* program
 - *Ludoteca*: special program for children 4-7 years old to introduce them to sport activities utilizing fencing as a game with rules which foster a healthy psychophysical development. Experts monitor activities which combine free play and drawings observing the child's maturity and integration in group activity.
 - *Studies Center*: under the aegis of the Italian Fencing Federation (FIS). The two primary goals are
 - *teaching students* how to improve their fencing in the fencing hall and in competition through a systematic analysis using advanced video techniques, a growing video library, and a forum. Coaches identify mistakes and suggest corrective measures. Students have the benefit of video replay to be aware of what they must change.
 - *formation of fencing coaches*: the leading coach teaches the apprentice how to teach fencing. Lessons are videotaped. The leading coach observes and corrects the apprentice giving a lesson.

University Sport Center (CUS), Milan, ITALY

2006 - Present

- Fencing Head Coach

S.G. Pro Patria 1883, Milan, ITALY

2007 - Present

- Fencing Head Coach

La Nuova Musica, Milan, ITALY

2007 - 2012

- Introduction to music to 3-6 years old through play and musical games
- Teacher: beginning violin (5+)

RAS-Allianz Insurance Agency, Milan, ITALY

2003 - 2010

- *Claims Department Manager*: In charge of the claims department of the insurance agency. Working in the morning at the agency. The afternoons are dedicated to fencing and music instruction above.

Carige Insurance Agency, Milan, ITALY

2010- present

EDUCATION

Universita` degli Studi di Milano

2007-2011

- Specialization in Musicology. Master degree expected in 2011.

Univerita` Cattolica del Sacro Cuore di Milano

1997-2002

- Master in Modern Literature (Italian) with minor in Art History. Thesis in History of Music

INTERESTS

- Music:
 - studied piano, violin and cello
 - *Violino di fila* (section violin) in the amateur orchestra "*Verdi for everyone*" a project of the Giuseppe Verdi Symphonic Orchestra Foundation
 - *Violino di fila* in the Orchestra "*Accademia Strumentale Morigi*" Maestro Matthiew Mantanus conductor (student of Lorin Maazel summer courses)
 - "*Tempo Zero*" a CD of our group *Five Steps Ensemble*, specializing in ethnic music
 - Wushu Kung-Fu, 1997 and 1998 Italian national champion
 - Represented Italy in 2004-2005 Senior Women's Épée World Cup in Legnano (ITA) and Lisbon (POR)
 - FISE (Italian Equestrian Sports Federation) B-license for show jumping and polo
 - Gourmet cooking, mycology, alpinism/mountain climbing
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PUBLICATIONS

Roberta Ravasi, "*We, young Masters*" presented at the Convention "*M° Marcello Lodetti: traditional, action, re-evolution*" in Milan, June 7, 2013 Università degli Studi di Milano.

Roberta Ravasi, "*Handbook of psychology for use by instructors, teachers and technical staff. The relational dynamic between the coach, the young student and the family in the teaching of discipline fencing*" June 2012

Roberta Ravasi, "*Fencing in Italy: the experience of CDS M° Marcello Lodetti asd in Milan*" presented at the seminar "*Fencing: psychology, physical preparation and conditioning, rehabilitation and disabilities*" in Milan, May 8, 2010,

Roberta Ravasi, "*Music and Sport: A meeting to grow the soul and increase tolerance*" presented at the symposium "*Models for applied psychology to the discipline of fencing: actual experiences and potential interventions*" in Monza, May 10, 2008

Roberta Ravasi, "*Music and sport: A meeting to grow the soul and increase tolerance – Project Cortegiano*" presented at the Ercole National Symposium, Syracuse, December 1, 2007

Roberta Ravasi, "*Sport and music: An experience modulated by the fencing discipline*" presented at the Dikon Education and Sport Symposium, Syracuse, December 1-2, 2006

Roberta Ravasi, "*Lord Yehudi Menuhim: violin and beyond*" Università Cattolica Sacro Cuore di Milano, Department of Literature and Philosophy, 2002 Thesis dissertation.

LINKS

https://www.facebook.com/pages/Marcello-Lodetti-Maestro-di-Scherma/224674081008182?hc_location=timeline

<https://www.facebook.com/circolospadalodettimilano>

<http://www.aipps.eu/>

<http://www.schermalodetti.it/>

http://www.sedizioni.it/sedizioni/lab/Voci/2013/6/7_Voce_1.html

<http://www.alliance-fencing-academy.com/RobertaRavasi.html>
